

## CINAHL Plus with Full Text

This example illustrates a step-by-step approach to searching CINAHL for articles on **the development of repetitive strain injuries following regular computer usage**.

Begin by identifying the main concepts of your question. The main concepts of this question are: **repetitive strain injuries** and **computer usage**.

Leave **Suggest Subject Terms** checked.

This is the first screen you will see when you begin. Start by typing in the first concept of your search, in this case "repetitive strain injury" and click **Search**.

### Results For: repetitive strain injury

Check box to view subheadings.	Click linked term for tree view.	Explode (+)	Major Concept	Scope
<input checked="" type="checkbox"/>	<a href="#">Cumulative Trauma Disorders</a>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Injuries, Repetition Strain Use: <a href="#">Cumulative Trauma Disorders</a>			
	Repetition Strain Injuries Use: <a href="#">Cumulative Trauma Disorders</a>			
	Injury Repetition Strain Use: <a href="#">Cumulative Trauma Disorders</a>			
	Repetition Strain Injury Use: <a href="#">Cumulative Trauma Disorders</a>			
<input type="checkbox"/>	<a href="#">Left Hemisphere Injuries</a>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<a href="#">Right Hemisphere Injuries</a>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<a href="#">Racquet Sports Injuries</a>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<a href="#">Motor Sports Injuries</a>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Review the Term List to choose the most appropriate term(s). Click on **Scope** to get a definition of the term, if desired. Here, **Cumulative Trauma Disorders** seems to be the most appropriate term. Next, click on the term itself.

◀ Back to Term List **Tree View For: Cumulative Trauma Disorders**

Check box to view subheadings. | Click linked term for tree view. | Explode (+) | Major Concept | Scope | ?

<input type="checkbox"/>	<input type="checkbox"/>	<a href="#">Injury, Occupational Disease, Poisoning (Non-Cinahl)</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<a href="#">Wounds and Injuries</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<a href="#">Sprains and Strains</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Abdominal Muscle Strain	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<a href="#">Ankle Sprain</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<a href="#">Cumulative Trauma Disorders</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Carpal Tunnel Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Iliotibial Band Friction Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Medial Tibial Stress Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Pronator Teres Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Tarsal Tunnel Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Ulnar Nerve Compression Syndromes	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Medial Collateral Ligament Sprain	<input type="checkbox"/>	<input type="checkbox"/>	

You will see your term within a hierarchy of terms (Tree View). If you wish to search the term(s) indented below your term, as well as your term, check the **Explode** box.

◀ Back to Term List **Tree View For: Cumulative Trauma Disorders** **Subheadings for: Cumulative Trauma Disorders** **Search Database**

Check box to view subheadings. | Click linked term for tree view. | Explode (+) | Major Concept | Scope | ?

<input type="checkbox"/>	<input type="checkbox"/>	<a href="#">Injury, Occupational Disease, Poisoning (Non-Cinahl)</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<a href="#">Wounds and Injuries</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<a href="#">Sprains and Strains</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Abdominal Muscle Strain	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<a href="#">Ankle Sprain</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<a href="#">Cumulative Trauma Disorders</a>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Carpal Tunnel Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Iliotibial Band Friction Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Medial Tibial Stress Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Pronator Teres Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Tarsal Tunnel Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Ulnar Nerve Compression Syndromes	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Medial Collateral Ligament Sprain	<input type="checkbox"/>	<input type="checkbox"/>	

**Subheadings for: Cumulative Trauma Disorders**

- Include All Subheadings
- Or select one or more subheadings to restrict your search:
- Blood/BL
- Cerebrospinal Fluid/CF
- Classification/CL
- Complications/CO
- Diagnosis/DI
- Diet Therapy/DH
- Drug Therapy/DT
- Economics/EC
- Education/ED
- Embryology/EM
- Epidemiology/EP

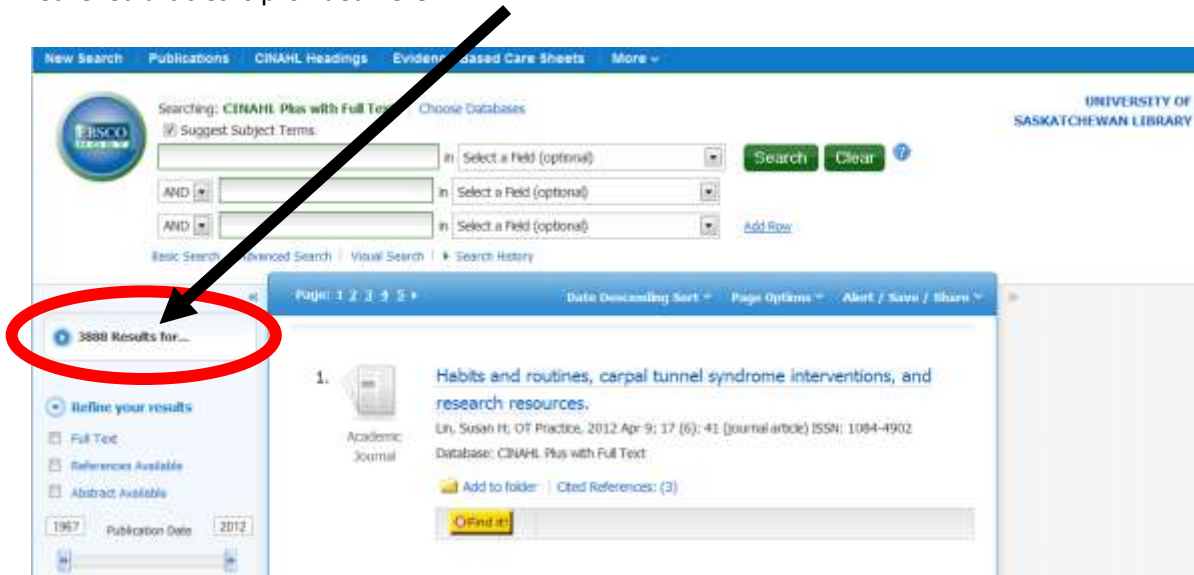
**Search Database**

Search Term: Cumulative Trauma Disorders | Explode (+)  | Major Concept  | Scope

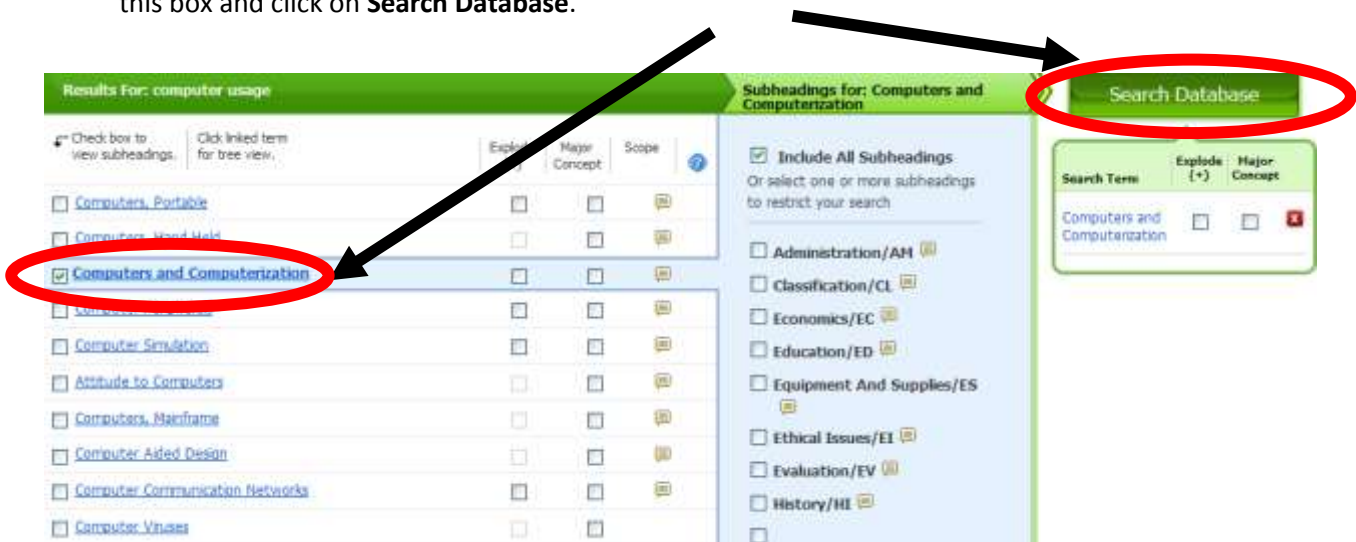
Once you are ready, click on **Search Database**.

If you wish to focus on a particular aspect of your subject, you can choose a subheading to append to your subject heading(s). This will decrease the number of results you will receive, but they will be more focused. Check the box to view subheadings.

Your results are presented to you, with the most relevant articles listed first. The total number of retrieved articles is provided here:



To find articles on the second concept, go back to the top of the screen and repeat the process with the concept “computer usage”. **Computers and Computerization** seems to be the closest match, so check this box and click on **Search Database**.



New Search Publications CINAHL Headings Evidence-Based Care Sheets More ▾

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Suggest Subject Terms

in

AND  in

AND  in

Basic Search | Advanced Search | Visual Search | **Search History**

Search Clear ?

Add Row

To combine your searches, select **Search History**.

Your search results will appear separately in the Search History table, and will be “numbered” – S1, S2, etc. At this point you want to **combine** your two searches to retrieve articles that discuss **both** concepts: Cumulative Trauma Disorders AND Computers and Computerization.

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Suggest Subject Terms

in

AND  in

AND  in

Basic Search | Advanced Search | Visual Search | Search History

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Select / deselect **Search with AND** Search with OR Delete Searches Refresh Search Results

Search ID#	Search Terms	Search Options	Actions
<input type="checkbox"/> S2	MH "Computers and computerization"	Search modes - Boolean/Phrase	<a href="#">View Results (7489)</a> <a href="#">View Details</a> <a href="#">Edit</a>
<input type="checkbox"/> S1	MH "Cumulative Trauma Disorders"	Search modes - Boolean/Phrase	<a href="#">View Results (3888)</a> <a href="#">View Details</a> <a href="#">Edit</a>

8

Place checkmarks beside each set of search results, and click **Search with AND** to search both terms.



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AND  in  Select a Field (optional)

AND  in  Select a Field (optional)

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Select / Deselect all

Search ID#	Search Terms	Search Options	Actions
S3	S1 and S2	Search modes - Boolean/Phrase	<a href="#">View Results (72)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S2	Mix "Computers and computerization"	Search modes - Boolean/Phrase	<a href="#">View Results (7489)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S1	Mix "Cumulative Trauma Disorders"	Search modes - Boolean/Phrase	<a href="#">View Results (5886)</a> <a href="#">View Details</a> <a href="#">Edit</a>

Page: 1 2 3 » Date Descending Sort Page Options Alert / Save / Share

72 Results for...

**Refine your results**

- Full Text
- References Available
- Abstract Available

1980 Publication Date 2012

1. **HouseCalls**   
 Johns Hopkins Medical Letter: Health After 50, 2012 Sep; 24 (8): 7 [journal article - questions and answers]   
 ISSN: 1042-1882   
 Subjects: Carpal Tunnel Syndrome; Femtanyl; Patient Safety   
 Database: CINAHL Plus with Full Text

2. [Comparison of posture and muscle control pattern between male and female](#)

To refine your search, you can use one of the options on the left-hand side of your screen, or click on **Show More** for even more options.



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in

AND  in

AND  in

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Search ID#	Search Terms	Search Options	Actions
S3	S1 and S2	Search modes - Boolean/Phrase	<a href="#">View Results (72)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S2	MH "Computers and computerization"	Search modes - Boolean/Phrase	<a href="#">View Results (7489)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S1	MH "Cumulative Trauma Disorders"	Search modes - Boolean/Phrase	<a href="#">View Results (388)</a> <a href="#">View Details</a> <a href="#">Edit</a>

72 Results for...

**Refine your results**

- Full Text
- References Available
- Abstract Available

1999 Publication Date 2012

Page: 1 2 3 | Date Descending Sort | Page Options | Alert / Save / Share

1. **HouseCalls**

Johns Hopkins Medical Letter; Health After 50; 2012 Sep; 24 (8): 7 (journal article - questions and answers)  
ISSN: 1042-1882  
Subjects: Carpal Tunnel Syndrome; Fantasy; Patient Safety  
Database: CIBAH Plus with Full Text

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- 2. Francis. "The Feldenkrais Method: [Feeling your way to improved posture.](#)" Alive 348 (2011): 59-61.
- 3. A. Cockburn, A. "Understanding performance in touch selections: [Tap, drag and radial pointing drag with finger, stylus and mouse.](#)" International journal of human-computer studies 70.3 (2012): 218-233.

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Academic  
Journal

### [Comparison of posture and muscle control pattern between male and female computer users with musculoskeletal symptoms.](#)

Yang JF; Cho CY; Applied Ergonomics, 2012 Jul; 43 (4): 785-91 (journal article - research) ISSN: 0003-6870 PMID: 22169705

Subjects: Computers and Computerization; Cumulative Trauma Disorders; Muscle, Skeletal; Musculoskeletal Diseases; Occupational Diseases; Posture; Adult: 19-44 years; Female; Male

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Academic Journal

Yang JF; Cho CY; Applied Ergonomics, 2012 Jul; 43 (4): 785-91 (journal article - research) ISSN: 0003-6870 PMID: 22169705

Subjects: Computers and Computerization; Cumulative Trauma Disorders; Muscle, Skeletal; Musculoskeletal Diseases; Occupational Diseases; Posture; Adult: 19-44 years; Female; Male

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Last updated: September 2012