

MEDLINE

What is MEDLINE?

- An online database - the computerized version of 3 print indexes: *Index Medicus*, the *Index to Dental Literature*, and the *International Nursing Index*.
- Comprehensive in coverage of biomedical literature.
- International in coverage, describing articles from about 4 800 journals published around the world in 30 languages. Around 86% of the articles described are written in English.
- Produced by the U.S. National Library of Medicine.

I. SEARCHING OVID MEDLINE

The example below illustrates a step-by-step search of the topic chocolate for the prevention of cardiovascular disease.

The two main concepts in this question are: Chocolate; Cardiovascular Disease.

Search Screen

The screenshot shows the Ovid MEDLINE search interface. At the top, there are logos for Wolters Kluwer Health and OvidSP, along with a 'My Account' link. Below this is a navigation bar with 'Search', 'Journals', 'Books', and 'My Workspace'. A 'Search History' section shows no previous searches. The main search area includes a 'Basic Search' tab and a search box containing 'cardiovascular disease'. Below the search box, the 'Limits' section is expanded, showing various filters. Three callout boxes provide instructions: 1. Search box: 'Type one of the major concepts from the topic into the search box. Note: The second concept will be searched in Step 12.' 2. Map Term to Subject Heading: 'Leave this box Checked! Medline will match the concept to an appropriate Medical Subject Heading (MeSH).' 3. Click on Search to continue: 'Click on Search to continue.'

1. Search box
Type one of the major concepts from the topic into the search box.
Note: The second concept will be searched in Step 12.

2. Map Term to Subject Heading
Leave this box Checked!
Medline will match the concept to an appropriate Medical Subject Heading (MeSH).

3. Click on Search to continue.

Mapping Display Screen (Part 1 of 2)

4. Your Term Mapped to the Following Subject Heading...

Medline has mapped *cardiovascular disease* to the Medical Subject Heading (i.e. MeSH term) *Cardiovascular Diseases*. This is the standard term for this concept in Medline. The advantage to searching using this term is that all articles in Medline on this topic are labeled with this term, no matter which term was used by the author.
(If no appropriate match is found, see Step 15, "Search as Keyword").

Wolters Kluwer Health | OvidSP | Logged in as sask999
My Account | Ask A Librarian | Help | Logoff

Search Journals Books My Workspace

Your term mapped to the following Subject Headings:
Click on a subject heading to view more general and more specific terms within the tree.
See term mapped to thesaurus term

Include All Subheadings
Combine selections with: OR

Select	Subject Heading	Explode	Focus	Scope
<input checked="" type="checkbox"/>	Cardiovascular Diseases	<input type="checkbox"/>	<input type="checkbox"/>	Scope
<input type="checkbox"/>	cardiovascular disease.mp. search as Keyword			

5. Scope Note

Click on *Scope* to see details about this term.

Scope Note Display Screen

6. Scope Note for:

Check the MeSH term information to confirm that it describes the concept of interest.

Wolters Kluwer Health | OvidSP | Logged in as sask999
My Account | Ask A Librarian | Help

Search Journals Books My Workspace

Scope Note for: [Cardiovascular Diseases](#)

MeSH HEADING: CARDIOVASCULAR DISEASES

SCOPE: Pathological conditions involving the CARDIOVASCULAR SYSTEM including the HEART; the BLOOD VESSELS; or the PERICARDIUM.

NOTE: general, prefer specifics; /diag: consider also DIAGNOSTIC TECHNIQUES, CARDIOVASCULAR; DF: CARDIOVASC DIS

REFERENCES:

Used For:
cardiovascular diseases
cardiovascular disease
disease, cardiovascular
diseases, cardiovascular

[<< Previous Page](#)

7. Previous Page

To continue searching click on *Previous Page*.

Mapping Display Screen (Part 2 of 2)

Mapping Display

Your term mapped to the following Subject Headings:
Click on a subject heading to view more general and more specific terms within the tree.
Term is a thesaurus term

Include All Subheadings

Combine selections with: **OR**

Select	Subject Heading	Explode	Focus	Scope
<input checked="" type="checkbox"/>	Cardiovascular Diseases	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>

8. Medical Subject Headings are arranged in a hierarchy (tree). Click on the term **Cardiovascular Diseases**.

Tree Screen

9. Tree

Cardiovascular Diseases is broken down into several different types of diseases: *Cardiovascular Abnormalities; Cardiovascular Infections; Heart Diseases; Pregnancy Complications, Cardiovascular; and Vascular Diseases*.

To search all of these more specific types of cardiovascular diseases, as well as cardiovascular diseases in general, you can choose to "**Explode**" Cardiovascular Diseases.

"Exploding" the term you are interested in is a good idea unless you do not want to search any of the terms indented below your term in the tree. Also, sometimes the "Explode" function has no effect because there are no terms indented below your term in the tree.

When you have decided whether or not to explode your term you can click *Continue*.

Tree for **Cardiovascular Diseases**

Database: **Ovid MEDL**

Combine selections with: **OR**

Scroll down for highlighted search term.

Select Term(s)	Subject Heading	Hits	Explode	Focus	Scope
[+] <input type="checkbox"/>	Anatomy (Non MeSH)	0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Organisms (Non MeSH)	0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[-] <input type="checkbox"/>	Diseases (Non MeSH)	0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Bacterial Infections and Mycoses	0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Virus Diseases	29729	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Parasitic Diseases	6384	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Neoplasms	225453	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Musculoskeletal Diseases	6411	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Digestive System Diseases	3580	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Stomatognathic Diseases	432	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Respiratory Tract Diseases	16353	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Otorhinolaryngologic Diseases	5138	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Nervous System Diseases	30746	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Eye Diseases	29778	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Male Urogenital Diseases	1332	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Female Urogenital Diseases and Pregnancy Complications	0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[-] <input checked="" type="checkbox"/>	Cardiovascular Diseases	76146	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[-] <input type="checkbox"/>	Cardiovascular Abnormalities	2927	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Cardiovascular Infections	19	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Heart Diseases	49567	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Pregnancy Complications, Cardiovascular	12866	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Vascular Diseases	23948	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>
[+] <input type="checkbox"/>	Hemic and Lymphatic Diseases	0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="button" value="i"/>

By exploding "Cardiovascular Diseases" you will search all these terms as well.

Subheading Display Screen

10. Subheading Display

You can include all subheadings or focus just on a particular aspect of Cardiovascular Diseases. If you do want to choose one or more subheadings, select their checkboxes. In this case you are looking for prevention of cardiovascular diseases, so choosing **Prevention & Control** makes sense.

Wolters Kluwer Health | OvidSP | Logged in | Search Tools | My Account | Ask A Librarian | Help

Search Journals Books My Workspace

Subheadings for: **Cardiovascular Diseases**

Combine selections with: [Continue >](#)

Include All Subheadings (75928)
-- or choose one or more of these subheading --

- /bl - Blood (5745)
- /cf - Cerebrospinal Fluid (1)
- /ci - Chemically Induced (3208)
- /cl - Classification (221)
- /co - Complications (5442)
- /cn - Congenital (31)
- /di - Diagnosis (6199)
- /dh - Diet Therapy (361)
- /dt - Drug Therapy (5551)
- /ec - Economics (809)
- /em - Embryology (80)
- /en - Enzymology (524)
- /ep - Epidemiology (14859)
- /eh - Ethnology (1272)
- /me - Metabolism (3124)
- /mi - Microbiology (161)
- /mo - Mortality (9051)
- /nu - Nursing (598)
- /ps - Parasitology (6)
- /pa - Pathology (1724)
- /ph - Physiology (88)
- /pp - Physiopathology (7005)
- /pc - Prevention & Control (18023)**
- /py - Psychology (1227)
- /ra - Radiography (520)
- /ri - Radionuclide Imaging (220)
- /rt - Radiotherapy (31)
- /rh - Rehabilitation (775)
- /sn - Statistics & Numerical Data (10)
- /su - Surgery (1205)
- /tu - Therapeutic Use (1)
- /th - Therapy (4612)
- /us - Ultrasonography (656)
- /ur - Urine (170)
- /ve - Veterinary (182)
- /vi - Virology (73)

11. Continue
Click on *Continue* for the next screen.

Search Screen

Wolters Kluwer Health | OvidSP | My Account

Search Journals Books My Workspace

Search History (1 search) (Click to close) [View Saved](#)

<input type="checkbox"/>	# ▲	Searches	Results	Search Type	Actions
<input type="checkbox"/>	1	exp Cardiovascular Diseases/pc [Prevention & Control]	126375	Advanced	Display More >

Remove Selected | Save Selected | Combine selections with: [RSS](#) [Save Search History](#)

Basic Search | Find Citation | Search Tools | Search Fields | Advanced Search | Multi-Field Search

Selected Resources

Ovid Resources: Ovid MEDLINE(R) 1950 to October Week 4 2010

Keyword Author Title Journal

[Search](#)

Limits (Click to close) Map Term to Subject Heading

Your first search for Cardiovascular Diseases appears as Search 1 in the Search History.

Search Screen

The first 10 results are displayed at the bottom of the screen.

Limits Edit Limits

All Print Email Export Add to My Projects Keep Selected

Clear Selected View: Title Citation Abstract 10 Per Page 1 GO >> Next >

1. **Effect of home testing of international normalized ratio on clinical events.**
Matchar DB. Jacobson A. Dolor R. Edson R. Uyeda L. Phibbs CS. Vertrees JE. Shih MC. Holodniy M. Lavori P. THINRS Executive Committee and Site Investigators.
New England Journal of Medicine. 363(17):1608-20, 2010 Oct 21.
[Journal Article. Multicenter Study. Randomized Controlled Trial. Research Support, U.S. Gov't, Non-P.H.S.]
UI: 20961244

Authors Full Name
Matchar, David B. Jacobson, Alan. Dolor, Rowena. Edson, Robert. Uyeda, Lauren. Phibbs, Ciaran S. Vertrees, Julia E. Shih, Mei-Chiung. Holodniy, Mark. Lavori, Philip. THINRS Executive Committee and Site Investigators.
▶ View Abstract

+ My Projects

2. **Effect of CYP2C19 and ABCB1 single nucleotide polymorphisms on outcomes of treatment with ticagrelor versus clopidogrel for acute coronary syndromes: a genetic substudy of the PLATO trial.**
Wallentin L. James S. Storey RF. Armstrong M. Barratt BJ. Horrow J. Husted S. Katus H. Steg PG. Shah SH. Becker RC. PLATO investigators.
Lancet. 376(9749):1320-8, 2010 Oct 16.
[Comparative Study. Journal Article. Research Support, Non-U.S. Gov't]
UI: 20801498

Authors Full Name
Wallentin, Lars. James, Stefan. Storey, Robert F. Armstrong, Martin. Barratt, Bryan J. Horrow, Jay. Husted, Steen. Katus, Hugo. Steg, P Gabriel. Shah, Svati H. Becker, Richard C. PLATO investigators.
▶ View Abstract

+ My Projects

Abstract Reference Complete Reference Find Similar Find Citing Articles Find it!

Search Screen

12. Search Second Concept

Repeat Steps 1-10 to search the second concept Chocolate.

Search History (1 search) (Click to close)

<input type="checkbox"/>	# ▲	Searches
<input type="checkbox"/>	1	Cardiovascular Diseases/pc [Prevention & Control]

Remove Selected Save Selected Combine selections with: And Or

RSS Save Search History

Basic Search | Find Citation | Search Tools | Search Fields | Advanced Search | Multi-Field Search

Selected Resources

Ovid Resources: 1 Ovid MEDLINE(R) 1950 to September Week 4 2010

Keyword Author Title Journal

chocolate Search

Limits (Click to close) Map Term to Subject Heading

Abstracts English Language Full Text
 Review Articles Humans Core Clinical Journals (AJW)
 Latest Update

Publication Year - -

Additional Limits Edit Limits

13. Combine Searches

Combine the two searches in Search History as shown in the search box.

Because you want to find articles on both of these concepts, use [AND](#) to combine them.

If you wanted to find articles on either of these topics, you would use [OR](#).

The screenshot shows the OvidSP search interface. At the top, there are navigation tabs: Search, Journals, Books, and My Workspace. Below this is the Search History section, which contains a table with two entries:

<input type="checkbox"/>	#	Searches	Results	Search Type	Actions
<input checked="" type="checkbox"/>	1	Cardiovascular Diseases/pc [Prevention & Control]	18023	Advanced	Display
<input checked="" type="checkbox"/>	2	Cacao/	1697	Advanced	Display

Below the table, there are buttons for 'Remove Selected', 'Save Selected', and a dropdown menu for 'Combine selections with:' with 'And' and 'Or' options. Below this is the search interface with various filters and options, including 'Selected Resources', 'Ovid Resources', 'Keyword', 'Author', 'Title', 'Journal', 'Limits', and 'Publication Year'.

Search Results

14. Results

The results of your combined search are displayed at the bottom of the screen.

Click **Abstract Reference** or **Complete Reference** to get more information about articles of interest.

Click **Find It!** to see if this article is available in print or electronic format from the U of S Library. Use the Interlibrary Loan option from the Find It! screen to request items to which the U of S Library does not subscribe.

2. **Blood pressure and cardiovascular risk: what about cocoa and chocolate?.**

[Review] [46 refs]

Grassi D. Desideri G. Ferri C.

Archives of Biochemistry & Biophysics. 501(1):112-5, 2010 Sep 1.

[Journal Article. Review]

UI: 20494650

Authors Full Name

Grassi, Davide. Desideri, Giovambattista. Ferri, Claudio.

► [View Abstract](#)

The screenshot shows a vertical list of options for the search result. The options are: Abstract Reference, Complete Reference, Find Similar, Find Citing Articles, and Find It!. The 'Abstract Reference' and 'Complete Reference' options are circled in red. The 'Find It!' option is also circled in red and highlighted with a yellow background.

+ My Projects

Search as Keyword

Sometimes Medline may not be able to map your search term to an appropriate MeSH term. For example, you might want to know whether white chocolate promotes cardiovascular health. When you search **White chocolate**, you see the following list of MeSH terms on the Mapping Display Screen:

The screenshot shows the OvidSP interface. At the top, there are logos for Wolters Kluwer Health and OvidSP. On the right, it says 'Logged in as' followed by links for 'My Account', 'Ask A Librarian', and 'Help'. Below this is a navigation bar with 'Search', 'Journals', 'Books', and 'My Workspace'. The main content area shows the search results for 'white chocolate'. It states 'Your term mapped to the following Subject Headings:' and provides instructions to click on a subject heading to view more general and more specific terms. There is a checkbox for 'Include All Subheadings' and a dropdown menu for 'Combine selections with:' set to 'OR'. A 'Continue' button is also present. The table below lists the subject headings with columns for 'Select', 'Subject Heading', 'Explode', 'Focus', and 'Scope'. The 'white chocolate, mp. search as Keyword' entry is selected and circled in red.

Select	Subject Heading	Explode	Focus	Scope
<input type="checkbox"/>	Cacao	<input type="checkbox"/>	<input type="checkbox"/>	i
<input type="checkbox"/>	Cysts	<input type="checkbox"/>	<input type="checkbox"/>	i
<input type="checkbox"/>	Liver Diseases	<input type="checkbox"/>	<input type="checkbox"/>	i
<input type="checkbox"/>	Adult	<input type="checkbox"/>	<input type="checkbox"/>	i
<input type="checkbox"/>	Hypertension	<input type="checkbox"/>	<input type="checkbox"/>	i
<input type="checkbox"/>	Flavonoids	<input type="checkbox"/>	<input type="checkbox"/>	i
<input type="checkbox"/>	Substance-Related Disorders	<input type="checkbox"/>	<input type="checkbox"/>	i
<input type="checkbox"/>	Phenols	<input type="checkbox"/>	<input type="checkbox"/>	i
<input type="checkbox"/>	Candy	<input type="checkbox"/>	<input type="checkbox"/>	i
<input type="checkbox"/>	Cardiovascular Diseases	<input type="checkbox"/>	<input type="checkbox"/>	i
<input checked="" type="checkbox"/>	white chocolate, mp. search as Keyword			

15. Search as Keyword

In this case, you want to search the term exactly as you've entered it. We are interested specifically in white chocolate, not the other types of cacao products, so it doesn't make sense to choose *Cacao*.

By selecting *Search as Keyword* and clicking *Continue*, you will be searching article titles and abstracts for the exact phrase "white chocolate."

If there is an appropriate MeSH term, searching it rather than the keyword is preferable for two reasons:

1. You don't have to worry about all possible ways to express a concept (e.g., cardiovascular disease, cardiovascular diseases, heart disease, etc.) because all articles on this concept should be labeled with the same MeSH term.
2. If you do a keyword search, our word or phrase may occur in the abstract of the record, but it may be mentioned just in passing. When you do a MeSH search, you are searching just the part of the record that contains MeSH terms. An expert indexer at the National Library of Medicine has read the article and has labeled it with appropriate MeSH terms - so the article should really be *about* the concept described by that MeSH term.

II. SAVING SEARCHES

As you develop search strategies, you may want to save them for later use or further development.

Medline (as well as other OvidSP databases) allows you to store search sets created during any session, and to return to your search at a later time without you having to retype each search set manually.

Wolters Kluwer Health | OvidSP | Logged in as sask999 | My Account | My PayPerView | Ask A Librarian | Help | Logoff

Search | Journals | Books | My Workspace

Search History (3 searches) (Click to close) View Saved

<input type="checkbox"/>	#	Searches	Results	Search Type	Actions
<input type="checkbox"/>	1	Cardiovascular Diseases/pc [Prevention & Control]	18062	Advanced	Display More >>
<input type="checkbox"/>	2	Cacao/			Display More >>
<input type="checkbox"/>	3	1 and 2	40	Advanced	Display More >>

Remove Selected | Save Selected | Combine selections with: And Or | BSS | Save Search History

1. Saving a Search Strategy

Save your Search Set (Strategy) by clicking the *Save Search History* button in the Search History window.

Wolters Kluwer Health | OvidSP | Logged in as sask999 | My Account | Ask A Librarian | Help | Logoff

Search | Journals | Books | My Workspace

You must login to a Personal Account to access this feature.

- To login, enter your Personal Account Name and Password.
- [Create a new Personal Account](#)
- [Forgot your Personal Account password?](#)

Personal Account Name:

Password:

Login >>

2(a). Medline will prompt you to Login with a Personal Account Name and Password...or to...

2(b). Create a New Personal Account
If you do not already have an OvidSP account, it will be necessary to create a new Personal Account.

Search Journals Books My Workspace

Search Name Comment Type Permanent Save

Existing Saved Searches

Permanent Searches [\(top\)](#)

- Diabetes and Exercise
- Wine and Heart Disease

If you have previously saved search strategies, they will appear here.

Saving the Current Search History

Search Journals Books My Workspace

Search Name Comment Type Permanent Save

Cardio_Chocolate October 14, 2010

Existing Saved Searches

Permanent Searches [\(top\)](#)

- Diabetes and Exercise
-

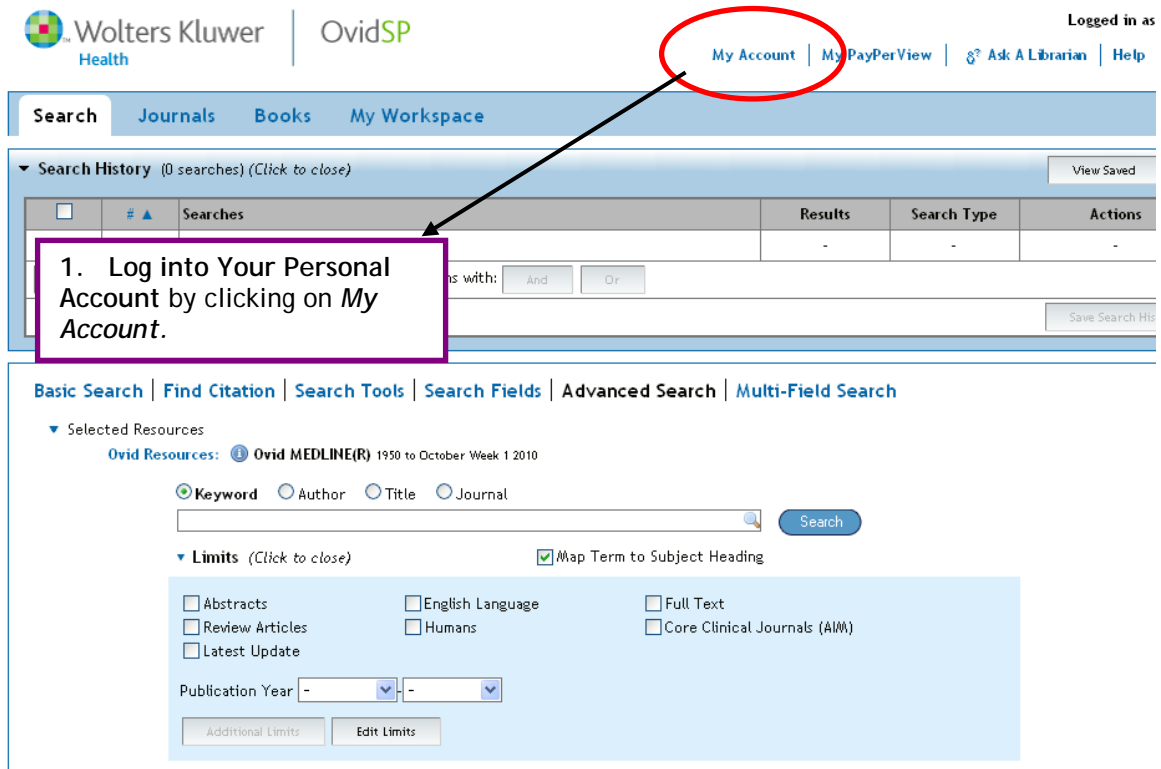
4. Saving the Current Search History
Key in the Search Name you wish to use, and a Comment, if desired.
5. Click on the "Type" drop-down menu to select the type of search you would like this to be.
6. Click on "Save"

"Types" of Searches

- Temporary** Saves a search strategy for a period of twenty-four hours, then deletes it.
- Permanent** Saves a search strategy for as long as the U of S Library maintains a valid subscription to Medline. Use this option to save and re-run the search at another time or for basic strategies from which you can develop further searches.
- AutoAlert** Creates a search strategy that runs automatically on a regular basis and emails results to designated recipients.

III. VIEWING AND RUNNING SAVED SEARCHES

You may view and re-run your saved search strategies by logging into your OvidSP account:



Wolters Kluwer Health | OvidSP

Logged in as [My Account](#) | [My PayPerView](#) | [Ask A Librarian](#) | [Help](#)

Search | Journals | Books | **My Workspace**

Search History (0 searches) (Click to close) [View Saved](#)

<input type="checkbox"/>	# ▲	Searches	Results	Search Type	Actions

1. Log into Your Personal Account by clicking on My Account.

Basic Search | Find Citation | Search Tools | Search Fields | Advanced Search | Multi-Field Search

Selected Resources

Ovid Resources: [Ovid MEDLINE\(R\)](#) 1950 to October Week 1 2010

Keyword Author Title Journal

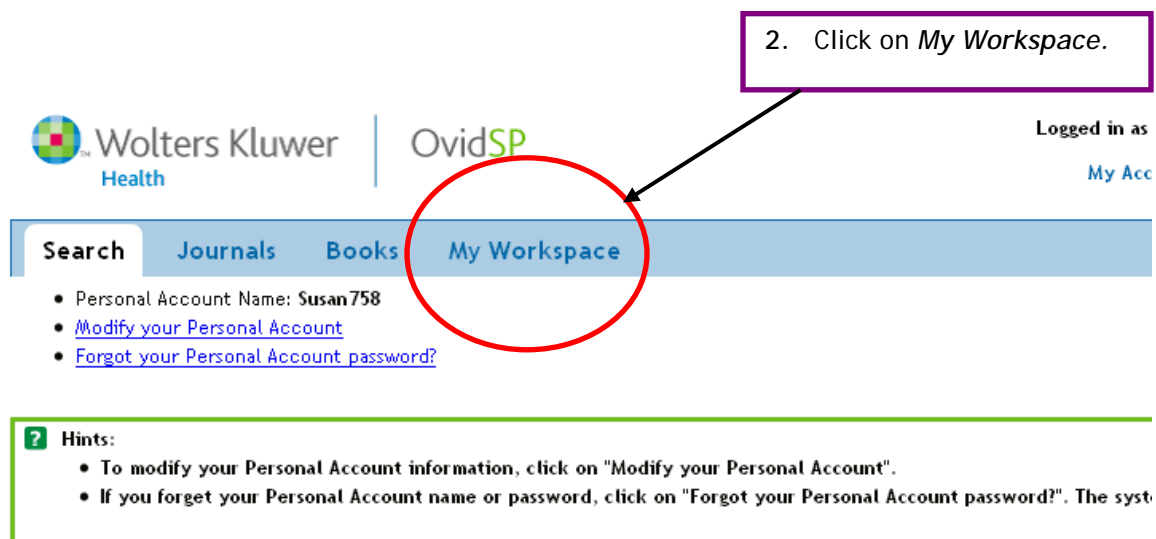
Search

Limits (Click to close) Map Term to Subject Heading

Abstracts English Language Full Text
 Review Articles Humans Core Clinical Journals (AIW)
 Latest Update

Publication Year - -

Additional Limits Edit Limits



Wolters Kluwer Health | OvidSP

Logged in as [My Acc](#)

Search | Journals | Books | **My Workspace**

- Personal Account Name: Susan 758
- [Modify your Personal Account](#)
- [Forgot your Personal Account password?](#)

2 Hints:

- To modify your Personal Account information, click on "Modify your Personal Account".
- If you forget your Personal Account name or password, click on "Forgot your Personal Account password?". The syst

3. Click on *My Searches & Alerts*.

Search Journals Books **My Workspace** My Projects **My Searches & Alerts** My eTocs Install Toolbar

Search terms entered [] All Projects [v] Search

Manage Projects Actions

Name ▲	Items	Modified
Create a New Project		

Sorry, no records found.

Search Journals Books **My Workspace** My Projects My Searches & Alerts My eTocs Install Toolbar

Permanent Searches

Run Delete Copy

a|b - Rename - Edit - Display - Email Jumpstart

Permanent Searches (top)	
<input checked="" type="checkbox"/> a b	Cardio_Chocolate 14, 2010
<input type="checkbox"/> a b	Diabetes and Exercise
<input type="checkbox"/> a b	Wine and Heart Disease

4. Select the search you wish to re-run.

5. Click on *Run*.

Run Delete Copy

Search Journals Books My Workspace My Projects My Searches & Alerts My eTocs Install Toolbar

Executing Permanent Search Cardio_Chocolate

i Search results are on the Main Search Page

Saved Search Execution complete

6. You will be informed of the action taken and where to find your completed Search (Click on *Search* to view your results).

IV. MY PROJECTS

My Projects is a management system that allows you to organize your research. You can store many different types of items in a project, including (but not limited to):

- Search Results
- Search Strategies (to re-use at a future time)
- PDF Journal Articles
- HTML Full Text Journal Articles

For a full description of available features please refer to OvidSP Online Help

Saving Search Results in My Projects

Wolters Kluwer Health | OvidSP

Logged in as [My Account](#) | [My PayPerView](#) | [Ask A Librarian](#) | [Help](#)

Search Journals Books My Workspace

Search History (3 searches) (Click to close) View Saved

<input type="checkbox"/>	#	Searches	Results	Search Type	Actions
<input type="checkbox"/>			125585	Advanced	Display
<input type="checkbox"/>			1700	Advanced	Display
<input type="checkbox"/>			71	Advanced	Display

Remove Selected Save Selected | Combine selections with:

Save Search Hist

1. Conduct your Medline search and then Log into Your Personal Account by clicking on *My Account*.

Wolters Kluwer Health | OvidSP

Logged in as **S**
[My Acco](#)

Search Journals Books My Workspace

- Personal Account Name: **Susan758**
- [Modify your Personal Account](#)
- [Forgot your Personal Account password?](#)

2. Return to your Search Results by clicking on **Search**.

3. Select the citations you would like to save, then

4. Click on *Add to My Projects*.

All Print Email Export Add to My Projects Keep Selected

View: Title Citation Abstract 10 Per Page 1 GO Next

1. **A sweet, nutty plan for better cholesterol, blood pressure.**
Anonymous.
Harvard Heart Letter. 20(12):7, 2010 Aug.
[News]
UI: 20806805
 + My Projects + Annotate
 Find it!

2. **Blood pressure and cardiovascular risk: what about cocoa and chocolate?**
[Review] [46 refs]
Grassi D. Desideri G. Ferri C.
Archives of Biochemistry & Biophysics. 501(1):112-5, 2010 Sep 1.
[Journal Article. Review]
UI: 20494650
Authors Full Name
Grassi, Davide. Desideri, Giovambattista. Ferri, Claudio.
[View Abstract](#)
 + My Projects + Annotate
 Find it!

3. **Chocolate and blood pressure. Chocolate dose may be too much.**
Kied K. Frank OR. Stocks NP.
BMJ. 341:c4176, 2010.
[Letter]
 Find it!

Add Item(s) to:

A New Project

Project Name *

Antioxidants

Project Description

max chars =256

Cancel

Add Item(s)

5. If this is a New Project, you will be required to Name it, then click on *Add Item(s)*.



5. Click on *Go to My Projects*.

Search Journals Books My Workspace

My Projects My Searches & Alerts My eTocs

Search terms entered All Projects Search

Manage Projects		
Name ▲	Items	Modified
Antioxidants	4	2010-Oct-19

Archived Projects

Name ▲	Items	Modified
--------	-------	----------

0.0 of 50MB Storage used

Trash

Empty Trash now
Messages that have been in Trash more than 30 days will be automatically deleted

Deleted Items	2010-Oct-19
Deleted Folders	2010-Oct-18

Antioxidants (Edit | Delete)

0 Folder(s) 4 Item(s)

Select All Print Email Export Remove

Sort By: 10 Per Page 1

- Blood pressure and cardiovascular risk: what about cocoa and chocolate?. [Review] [46 refs]
Grassi D, Desideri G, Ferri C.
Archives of Biochemistry & Biophysics. 501(1):112-5, 2010 Sep 1.
UI: 20494650

- Abstract Reference
- Complete Reference
- Find Citing Articles
- Find it!

Cocoa flavonoids are able to reduce cardiovascular risk by improving endothelial function and decreasing blood pressure (BP). Interest in the biological activities of cocoa is daily increasing. A recent meta-analysis shows flavanol-rich cocoa administration decreases mean systolic (-4.5mm Hg; p<0.001) and diastolic (-2.5mm Hg; p<0.001) BP. A 3-mm Hg systolic BP reduction has been estimated to decrease the risk of cardiovascular and all-cause mortality. This paper summarizes new findings concerning cocoa effects on cardiovascular health focusing on putative mechanisms of action and nutritional and "pharmacological" viewpoints. Cocoa consumption could play a pivotal role in human health. 2010 Elsevier Inc. All rights reserved. [References: 46]

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